

MODEL, PHILOSOPHY & TREATMENT APPROACH

- Pride House is a community-based program in Northampton, Massachusetts, serving the LGBTQ+ population.
- Gándara's program provides a safe space for youth to be their authentic selves.
- We help them work through their emotional and behavioral issues.
- Family therapy is also offered to everyone in order to help work through any issues with acceptance.

"All young people, regardless of sexual orientation or identity, deserve a safe and supportive environment in which to achieve their full potential."

HARVEY MILK

CONTACT US

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Pride House**

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GÁNDARA CENTER PRIDE HOUSE

*Community-based program
serving LGBTQ+ youth
ages 12-18*

DESCRIPTION OF SERVICES

At Pride House, two full-time clinicians are on staff providing individual and group therapy.

Additional benefits include:

- 10 bed, residential program for LGBTQ+ youth
- Long-term placement
- 1:2 ratio
- Clinicians work with the individual
- Family therapy is offered for everyone to help work through issues with acceptance
- Weekly in-house group:
 - * Independent living skills (PAYA)
 - * Anger Management
 - * Navigating Social Situations
 - * Emotion Regulation

PROGRAM SUPPORTS

- Youth attending school from a program
- Attending any local LGBTQ+ meetings
- Encouraging involvement in the LGBTQ+ Community
- Attending PRIDE in Northampton
- Participating in recreational trips
- Providing a safe space for youth to be who they are and express themselves
- Helping with emotional and behavioral issues

Healing/treatment can't happen until you feel safe and comfortable in a situation.

REFERRALS

Closed referral process. All referrals need to come from the Department of Child and Family Services (DCF) or schools.



PARTICIPANT PROFILE

- Youth ages 12-18 who identify as LGBTQ+
- Emotional struggles due to trauma
- Diagnosed with behavioral or mental health issues



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